

# GREAT TASTE MENU



OPEN MONDAY TO FRIDAY  
6.00am - 3.00pm  
PH: 02 4264 1111

## BREAKFAST *(served until 11.00am)*

**BANANA BREAD or MANGO & COCONUT BREAD** \$4.5

**TOAST w condiments** \$6

White, Wholemeal, Sourdough or Raisin.  
Choice of Butter, Honey, Jam or Vegemite.

**BACON & EGG ROLL or BLT** \$8

Choice of Tomato, BBQ, HP Sauce, Sweet Chilli,  
Chilli, Aioli or Smokey BBQ Sauce.

**SCHIACCIATA TOASTIES *(available all day)*** \$8.5

Traditional Italian flat bread with a choice of fillings:

- *Chicken, Cheese & Tomato*
- *Ham & Cheese & Tomato*
- *Turkey, Cheese & Cranberry*
- *Salami, Cheese, Onion & Tomato*
- *Silverside, Cheese & Mustard Pickles*

**EGGS YOUR WAY** \$10

2 Eggs any way (fried, poached, scrambled) with  
2 pieces of buttered toast, white or wholemeal.

**GRANOLA BOWL** \$10

Granola, greek yoghurt topped with seasonal fruit  
and a drizzle of honey.

**BREAKFAST BURRITO** \$13

Housemade mexican bean pattie, bacon, cheese,  
fried egg, spinach, choice of sauce.

**OMELETTE** \$15.5

All served on a piece of sourdough toast.

*Choose from:*

- *Ham & Cheese with a side of tomato relish*
- *Feta, Cheese & Sundried Tomato*
- *Mixed Flame Grilled Vegetables, caramalised onion and pesto.*

**EGGS BENNY** \$15.5

Traditional eggs benedict: 2 poached eggs,  
sourdough, fresh spinach & hollandaise sauce. Add

- *Grilled Haloumi*
- *Ham or*
- *Flamed Grill Bacon*

**BIG BREAKFAST** \$20

2 eggs (cooked your way), bacon, baked beans,  
spinach, hashbrown, chorizo, side tomato relish with

2 pieces of toast, white, wholemeal or sourdough.

## Optional Toppings

Spinach, Egg, Tomato, Mushroom or Hashbrown. \$2

Bacon, Chorizo, Feta, Haloumi or Avocado. \$4

## LUNCH

**SHOESTRING FRIES** Small \$6 Large \$8

**SWEET POTATO FRIES** Small \$7 Large \$9

*Sauce extra .50c*

Note: All burgers are served on a toasted sesame milk  
bun or can be made into a wrap. All **combos** are served  
with chips and can of drink or water.

**CHEESEBURGER** \$8

**CHEESEBURGER COMBO w/ Drink & Chips** \$12

Seasoned beef patty (flame-grilled), bacon, cheese,  
pickles, sauce and mustard.

**CAFE HAMBURGER** \$10

**CAFE HAMBURGER COMBO w/ Drink & Chips** \$14

Seasoned beef patty, lettuce, tomato, beetroot,  
caramalised onions on a toasted burger bun.

**CHICKEN SCHNITTY BURGER** \$10

**CHICKEN SCHNITTY COMBO w/ Drink & Chips** \$12

100% Chicken breast schnitzel, lettuce and aioli.

**THE MEXICAN BURGER** \$12

**MEXICAN BURGER COMBO w/ Drink & Chips** \$16

Housemade mexican bean pattie, lettuce, tomato,  
sour cream, avocado and cheese.

**GOURMET STEAK SANDWICH** \$12

**STEAK SANDWICH COMBO w/ Drink & Chips** \$16

100% flame-grilled sirloin steak, lettuce, tomato,  
caramelised onion and aioli on toasted soy & linseed  
sourdough.

**THE HALOUMI BURGER** \$12

**HALOUMI BURGER COMBO w/ Drink & Chips** \$16

Flame grilled zucchini, eggplant, mushrooms,  
capsicum, haloumi cheese, spinach w siracha mayo.

**FISH & CHIPS** \$12

2 Pieces of battered fish strips, fries or garden salad,  
served with tartare sauce and lemon.

**SALT & PEPPER SQUID** \$13.5

Tender calamari in lightly coated chefs style salt and  
pepper mix. Served with shoestring fries or garden  
salad, tartare sauce and lemon.

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## SMOOTHIES & SHAKES

<b>PROTEIN PUNCH</b>	<b>\$9</b>
Berries, banana, oats, honey, yogurt & whey protein.	
<b>BANGO</b>	<b>\$8</b>
Mango, banana, honey & yoghurt.	
<b>GREEN ENERGY</b>	<b>\$8</b>
Spinach, mango, banana, yoghurt, coconut water.	
<b>CLASSIC SMOOTHIES</b>	<b>\$8</b>
Select from mango, banana or mix berry.	
<i>Add Protein to Smoothies</i>	<b>\$2</b>
<b>MILK SHAKES</b>	<b>\$6</b>
Select from chocolate, banana, lime, choc banana or strawberry.	
<b>THICK SHAKES</b>	<b>\$8</b>
<i>Add malt</i>	<b>\$1</b>

## FROM THE CAFÉ

<b>ESPRESSO</b>		<b>\$3.2</b>
<b>MACCHIATO or PICCOLO</b>		<b>\$3.2</b>
<b>AFFOGATO</b>		<b>\$4.2</b>
<b>FLAT WHITE</b>	Small <b>\$3.6</b>	Large <b>\$3.9</b>
<b>CAPPUCINO</b>	Small <b>\$3.6</b>	Large <b>\$3.9</b>
<b>LONG BLACK</b>	Small <b>\$3.6</b>	Large <b>\$3.9</b>
<b>LATTE</b>	Small <b>\$3.6</b>	Large <b>\$3.9</b>
<b>VIENNA</b>	Small <b>\$3.9</b>	Large <b>\$4.2</b>



## T2 BLENDED LOOSE LEAF TEAS **\$3.9**

**English Breakfast, China Jasmine:** Green tea blend,  
**Georgeous Geisha:** Luscious flavours of strawberries and cream. **Earl Grey, Chamomile, Chai, Peppermint, Fruitalicious:** Mix of cranberries, blueberries, dragon fruit and goji berries.  
**Detox Tea:** sweet blackberry leaves, lemongrass, marigold petals, liquorice root, spearmint, rose buds.

**CHAI LATTE** Small **\$3.9** Large **\$4.4**

**HOT CHOCOLATE** Small **\$3.9** Large **\$4.4**

Optional: Almond milk

**DELUXE HOT CHOC** Small **\$4.4** Large **\$4.9**

Choice of peppermint, caramel, coconut, hazelnut, gingerbread or almond.

**ICE LATTE** **\$4.5**

## ADDED EXTRAS

Marshmallows **40c**

Cream **50c**

Syrups **50c**

Coffee Shot **50c**

Almond Milk **50c**

Soy Milk **50c**

Lactose Free Milk **50c**

Ask about our **CATERING MENU**



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CHECK OUT OUR WEEKLY BLACKBOARD MENU  
FOR LUNCH & BREAKFAST SPECIALS